


2017

Rua Cafe Catering Menu 2017

Rua

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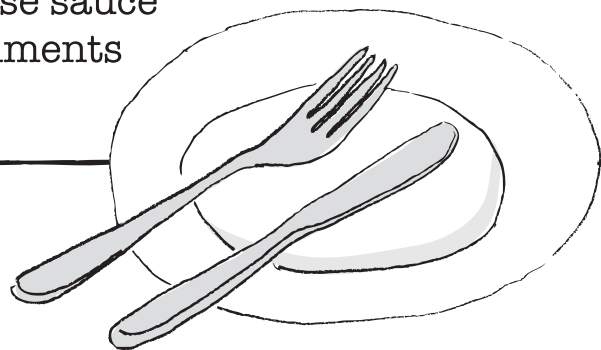


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dinner in minutes from our deli

Everyday in our delicatessen, we have lots to choose from & available to take home anytime.

- 'Hotpots'
- Mayo beef lasagne
- organic salmon fishcakes
- Sheridan's duck confit
- dry aged striploin steaks
- Rua bolognese sauce
- Cakes, condiments & wine.



breakfast takeout

Scones, fruit pots, granola, croissants, juices and lots more to take out for your morning meeting. Please ask.

kid's party



We've got 'Castelmire farm' sausage rolls, our own crumbed chicken pieces and cake galore if you're feeding the kids at home.

sandwiches etc

- Rua does a wide selection of sandwiches and savoury bites to go.
- Please ask about our separate menu for sandwiches & salads,
- Fruit salads and drinks and lots of other food that's good for entertaining at work or where plates and cutlery aren't an option.

drinks

We have some great wines and prosecco for everyday and special occasions/parties, and offer a 10% reduction on full cases of 12 bottles. Delicious organic lemonades from Luscombe and Llewelyn's apple juice are always in stock.

cheese

We carry a range of properly matured Irish and European cheeses such as St Tola, Crozier blue, Gruyere and, of course Parmesan. Talk to any of our delicatessen staff about putting together a great cheese board. We also stock crackers, biscuits and delicious quince jelly to accompany your selection.

how to order from us

- Please call into us in Spencer street or phone us on 094 9286072. Even though we're always delighted to take calls for your order, we're normally manic between 12 and 2 pm, so it may be difficult to reach us then.
- As mentioned, at least 3 days notice is preferable for all orders, and at least 7 days is best at Christmas time. We'll always do our best to have your food in time or get you out of a fix if you need something in a hurry, but some items, particularly at busy times of the year, will not be available to purchase without due notice.
- Visit our website at caferua.com for more info on all our food and products. We aren't set up to take orders online yet, but are very happy to get any questions by emailing info@caferua.com regarding an order.
- All advance orders must be paid for on collection.
- We don't deliver

a note on our ingredients

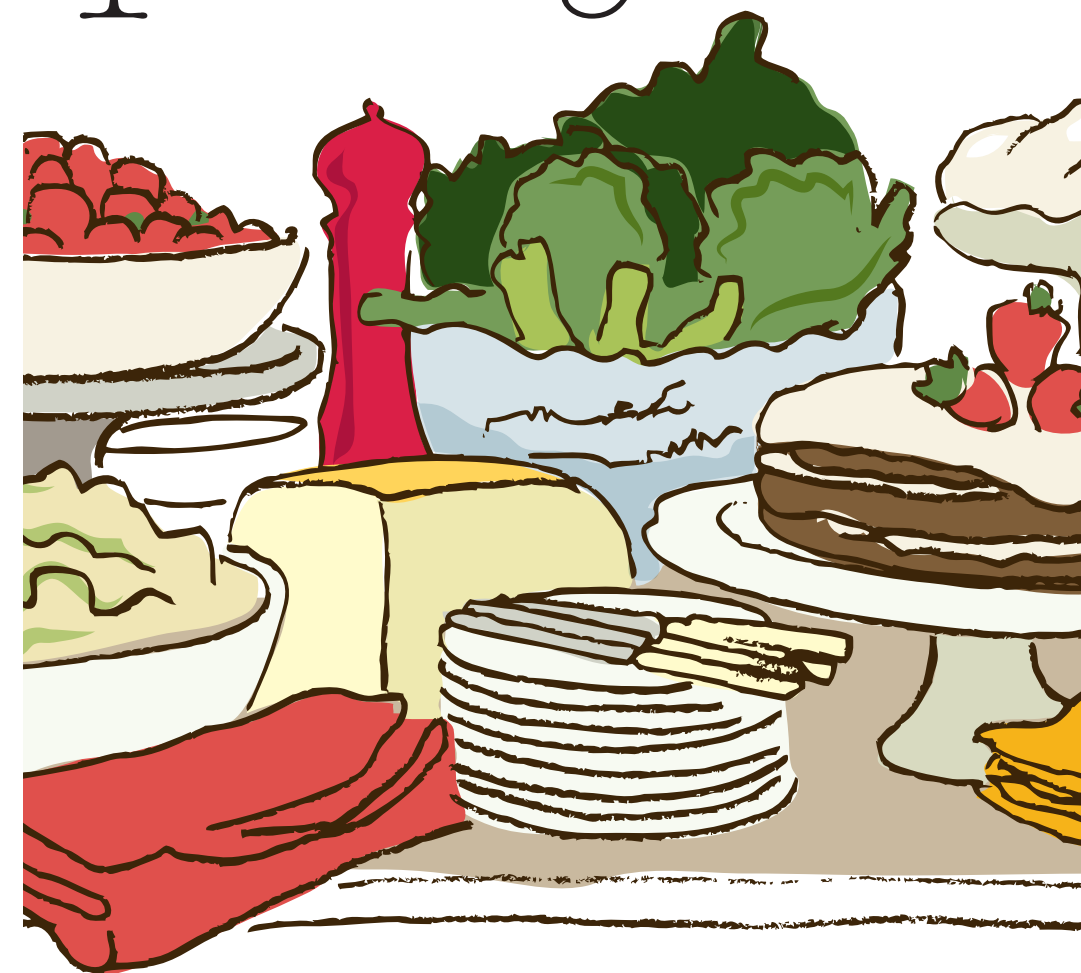
- We only use Irish meat and fish.
- We try and buy as much fruit and veg locally and where possible, organically grown.
- Our menus aim to reflect the seasons, and may be subject to change, so please ask about what's the best tart, pie or salad available at time of your order.
- Our eggs used in all our cakes are free range.
- All our grub is free from additives, artificial flavourings, preservatives, colourings, and other nasty bits.
- Please let us know if you have any allergies to specific ingredients.

rent for your event

Rua is a fantastic venue for private parties and gatherings. Please email info@caferua.com or call us on 094 9286072 for further information.

notes

Food for your party



Catering and Food for your
party, gathering or event.

RUA
Spencer St., Castlebar, Co. Mayo, Ireland
094 928 6072 / info@caferua.com

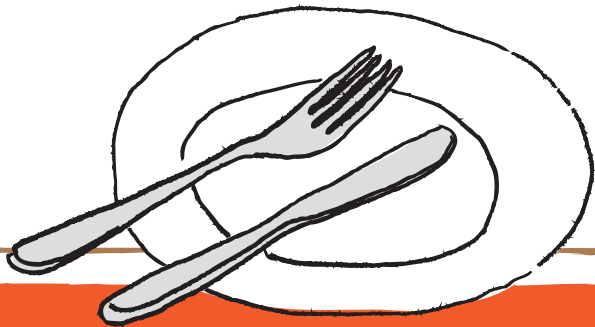


www.caferua.com

Rua

savoury food

For ordering your food, 3 days notice is preferable. That said, we nearly always have smaller amounts of lasagne, herb crumbed chicken, organic salmon and mini quiches available to purchase in our delicatessen. Please ask and we'll always do our best to have your order organised in time...



Pre-order savoury food & cakes on 094 9286072

SOUPS / minimum order 10 portions €2.50 per portion

All our soups are made with vegetarian stock and can be made gluten-free if requested. Flavours include...

- Potato, leek & seasonal herbs
- Spiced butternut squash
- Mushroom & roast garlic
- Tomato, coconut & coriander

MAIN DISHES - 'Hot Pots' / Minimum order 10 portions

- Rua chicken korma €7.50 per portion
Chicken fillet in a light coconut style curry sauce. Mildly spiced. (Hotter Thai version available – please ask)
- Mayo beef bourguignon €9.00 per portion
- Castlemine Farm lamb and sweet potato tagine €8.00 per portion
- Chicken or slow cooked pork €8.00 per portion
with chorizo, butterbeans and basil
- Seasonal vegetable, red lentil and coconut curry €6.50 per portion

LASAGNE Approx 8 portions - all €40

- Large tray ready for you to finish in your oven.Easy peasy...
- Classic Mayo beef lasagne / Flat field mushroom & basil lasagne / Roasted squash, spinach & Cashel blue cheese

SLICED MEATS & FISH

- Honey roasted loin of bacon € 2.50 per 100g
Approx. €40 per half loin
- Rare roasted rib eye of Kelly's beef Price on request
- West of Ireland smoked fish p atter Price on request
- Irish cheese board Price on request
- Baked fillets of Clare Island organic salmon €3.20 per 100g
- Herb and parmesan crumbed fillets of chicken €4.65 each
- Lemon and tarragon roasted chicken fillets €4.65 each
- Rua fishcakes 10 order minimum €3.95 each
- Rua chicken liver pate €3.20 per 100g

BREAD

- Rua brown soda SM €2.75 LG €4.00
- Full garlic & herb baguette – oven ready €6.95 each
- Large foccacia with roasted tomatoes & basil oil €20/€25 with olives
(great cut into bites)

SAVOURY TARTS

- Large deep-filled approx 8 portions / €35 each
- Individual available also 10 order minimum / €3.95 each
- Quiche lorraine, with bacon & mushroom
- Spiced squash or roasted peppers with spinach and ryefield goat's cheese
- Slow cooked onion, spinach and gruyere cheese
- Smoked fish, dill and ricotta

VEGETABLES & SIDE DISHES

- Rua red cabbage €5.95 per 500g tub
- Potato, scallion and Carrowholly cheese gratin large tray / 10 portions / €20
- Pilaf of basmati rice large tray / 10 portions / €12.95

RUA SALADS

- Large container approx. 10 portions / €20
- We run 4 salads in our delicatessen for takeout every day and will be delighted to accept a preorder for any of these salads in advance. As our salads do change daily, it's impossible to list them all so please choose from our popular selections below or ask us about a salad that you've had here before...
- Nadurtha pappardelle pasta with pesto
- Pickled & spiced tomatoes
- Rua chunky coleslaw
- Potato, scallion & wholegrain mustard mayo
- Carrot, toasted seed & coriander
- Seasonal greens with toasted almonds and orange dressing
- Asian coleslaw with a spicy peanut salsa
- Marinated chickpea & cherry tomato

RUA MAYO's, CHUTNEY & CONDIMENTS

- Flavoured mayonnaises 250 g tubs / all €3.95
- Choose from: Basil, Garlic & Lemon, Chilli, Horseradish or Coronation
- More condiments from €3.50
- Cranberry sauce / Beetroot relish / Cucumber & mint raita / Tomato & apple chutney / Pickled cucumbers / Olives / Chilli & coriander relish / Rua salad dressing / Herby hummus / Basil pesto

cakes

Everything we make is freshly baked in our kitchen. We always have bakewells, coffee and walnut cake, apple tarts, lemon drizzle cake, brownies & a few other delicious cakes available to buy in our deli, but all other cakes below are made from scratch and to-order. We therefore kindly request that all orders are made a minimum of 48 hours in advance.

*denotes fresh cream and won't travel all that well on long journeys.



Occasion Cakes

- Whatever the occasion - birthdays, anniversaries, or christenings – we offer a personalized cake service with a written message and can give you any advice that you may need in order to make your cake extra special. Choose from three sizes
- 8” round serves 6 - 8 / €16.95
- 10” round serves 12 - 14 / €35
- 12” square triple layer serves 20+ / from €65
- and these flavours.....
- Strawberry sponge * Chocolate layer cake
- Orange or lemon madeira Coffee and walnut cake
- Carrot and walnut cake

- Marble chocolate & vanilla with Nutella icing €16.95
- (Great for Kids party!)

CLASSICS

- Flourless chocolate cake 10-12 portions €25
- Rich and dense chocolate cake made using the best chocolate, eggs and ground almonds. (Gluten free)
- Pistachio cake 10-12 portions €22
- Single layer, eternally moist cake rich with pistachio flavor.
- Rua trifle * €38 and keep the bowl!
- Our classic trifle with apricots, port and ammaretti biscuits or seasonal trifles like rhubarb, apple & calvados, summer berry.
- Pavlova shell €15
- Large filled pavlova 12 portions €35
- with whipped cream and seasonal berries/fresh fruit
- Large apple pie or crumble pie 8-10 portions €16
- These are 'café size' and large versions of the small pies are available in our deli. Depending on the season, you can also choose from rhubarb, apple and seasonal berry, or apple & plum.

OTHER CAKES

- Roulades * serves 12-14 €32
- Our most popular take-out cake. Soft meringue/sponge roll filled with fruit and cream....Choose from:
- Chocolate with pears or strawberry Plain with strawberries
- Lemon meringue – softer style with cream & lemon curd
- Bakewell tart (approx. 10 - 12 portions) €22.50
- Lemon tart (approx. 10 - 12 portions) €20
- Chocolate & hazelnut tart (approx. 10 - 12 portions) €25
- Banoffi pie * (approx. 10 - 12 portions) €28
- Cake bite box LG - 20 bites for €17.95/SM - 12 bites for €10.95
- Selection of bite-sized versions of our favourite 'tray baked' cakes including chocolate brownies, pistachio slices and bakewell.
- Muffins 12 order minimum € 25
- The Muffin is king with us and we've several delicious varieties available...
- Raspberry & coconut, carrot cake or apple & walnut
- Rua sweet tartlets 6 order min. of any 1 variety €3.95 each
- Custard, lemon, chocolate & hazelnut, strawberry & pastry cream *

For parties, communions & christenings, meetings or get togethers...